Odyssey™

BEHAVIORAL HEALTHCARE

MENTAL HEALTH + SUBSTANCE USE

2025 CLINICAL OUTCOMES

DATA THAT STRENGTHENS CLINICAL EXCELLENCE

Behind every data point is a person, and behind every clinical decision is a commitment to delivering exceptional care. At Odyssey Behavioral Healthcare, we use empirical outcome measurement to continuously evaluate and strengthen our clinical programs, ensuring treatment remains individualized, evidence-informed, and responsive to each person's needs.

Through our partnership with eBasis, we use validated assessment tools, including the BASIS-24® and EAT-26®, to measure treatment progress, identify trends, and guide ongoing clinical improvements. These insights help our teams refine care and support better long-term outcomes.

This commitment to continuous improvement is rooted in The Odyssey Way. Guided by our core values — Respect, Service, Flexibility, Collaboration, Accountability, and Integrity—we combine clinical expertise with measurable outcomes to provide compassionate, high-quality behavioral healthcare.

WE DO THE RIGHT THING · WE CARE + CONNECT · WE FIND A WAY

WE ARE ODYSSEY

10 YEARS

2015–2025: CELEBRATING 10 YEARS OF GROWTH, CARE, + HOPE

Since its founding in 2015, Odyssey Behavioral Healthcare has grown into a nationwide network of specialized mental health, eating disorder, and substance use treatment programs. United by a common mission, Odyssey provides individualized, high-quality care that supports long-term recovery at every stage.

2025 | MENTAL HEALTH +SUBSTANCE USE SERVICES

CLIENT DEMOGRAPHICS + DIAGNOSES

Every client and family is an essential partner in the recovery process, collaborating closely with Odyssey's clinical teams to develop individualized, responsive care plans. Odyssey's program staff lead with respect and compassion, building a path forward that draws on each person's strengths, resources, and capabilities to support the best possible outcomes.

RESIDENTIAL + CONTINUUM CLIENT OVERVIEW

Clearview Treatment Programs | Lifeskills Behavioral Health | Pasadena Villa Psychiatric Treatment Network

5,060 DISCHARGES

89% CLIENTS WITH 2+ DIAGNOSES

48% CLIENTS AGES 18-29

38% CLIENTS AGES 30-49

14% CLIENTS AGES 50-69

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depressive disorders	33%	6%
Substance use disorders	23%	19%
Bipolar disorders	16%	2%
Schizophrenia + psychotic disorders	13%	1%
Anxiety disorders	6%	16%

Note: Additional primary diagnoses, each represented at 5% or lower, include trauma-related disorders, personality disorders, and autism spectrum disorder.

OUTPATIENT CLIENT OVERVIEW

Clearview Outpatient | Pasadena Villa Outpatient

3,559 DISCHARGES

50% CLIENTS WITH 2+ DIAGNOSES

42% CLIENTS AGES 18-29

43% CLIENTS AGES 30-49

15% CLIENTS AGES 50-69

CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depressive disorders	57%	29%
Bipolar disorders	16%	7%
Anxiety disorders	12%	43%
Trauma-related disorders	7%	9%
Other	2%	5%

Note: Additional primary diagnoses, each represented at 4% or lower, include schizophrenia + psychotic disorders, substance use disorders, personality disorders, and autism spectrum disorder.

OUR LEVELS OF CARE

Odyssey Behavioral Healthcare is uniquely equipped to bridge the treatment gap between acute hospitalization and traditional outpatient therapy through individualized, evidence-based treatment programs for adults.

COMMITTED TO BRIDGING THE TREATMENT GAP

Odyssey's comprehensive continuum of care supports adults experiencing mental health conditions, substance use disorders, and co-occurring diagnoses in achieving long-term recovery. Each Odyssey program is recognized for delivering inclusive, high-quality, specialized clinical care.

- Medical detoxification
- Residential treatment
- Partial hospitalization program
- Supportive housing + transitional living
- Intensive outpatient program

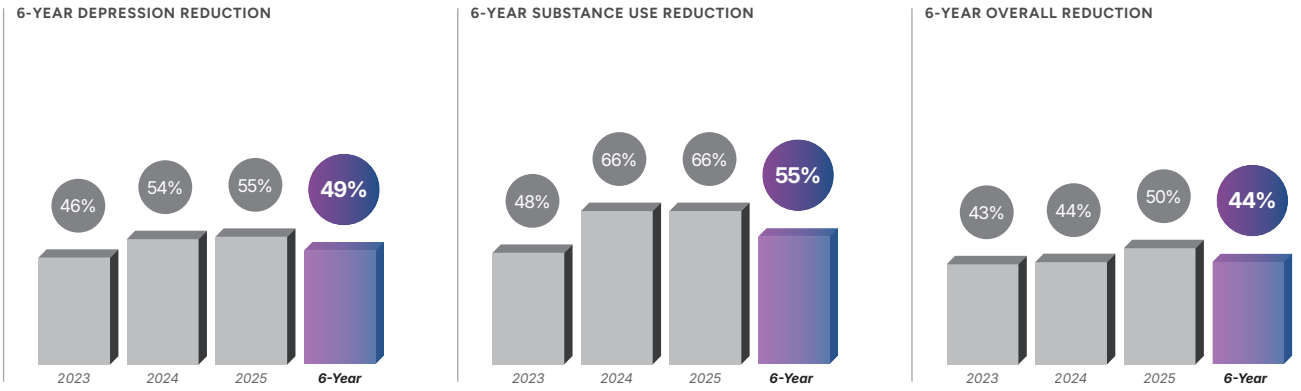
THE VALUE OF LONGITUDINAL DATA

Strong outcomes sustained year after year are the clearest evidence that treatment is working. Consistent results over time reflect care that adapts to each client's progress and is refined to support effective, long-term recovery. Tracking outcomes across multiple years allows Odyssey to validate program effectiveness and continually strengthen the care it delivers.

6-YEAR | MENTAL HEALTH + SUBSTANCE USE (BASIS-24)

Odyssey Behavioral Healthcare provides structured, evidence-based mental health and substance use treatment for adults, integrating medical care, clinical therapy, and family support to build a strong foundation for long-term recovery.

RESIDENTIAL SERVICES



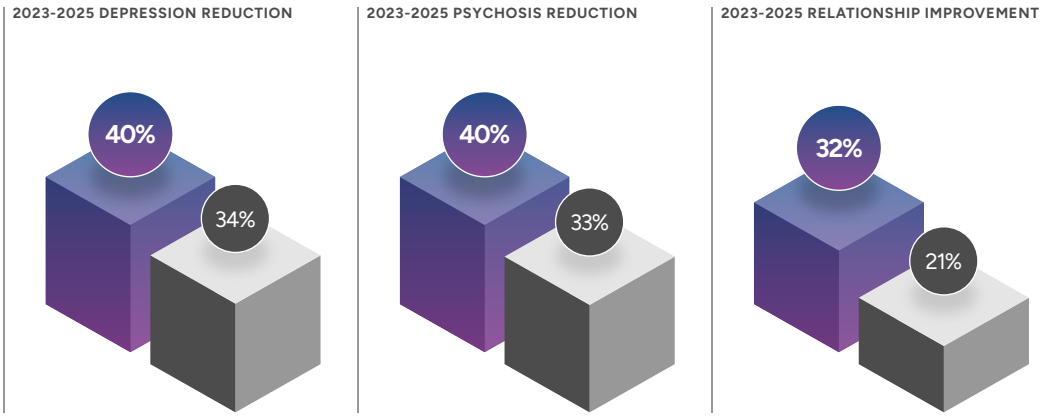
MENTAL HEALTH CLINICAL OUTCOMES

Odyssey measures treatment outcomes for mental health and substance use disorders using the BASIS-24 across its programs, including Clearview Treatment Programs, Lifeskills Behavioral Health, Pasadena Villa Psychiatric Treatment Network, and STR Behavioral Health. To further expand the evaluation of program impact, Odyssey has incorporated the Brief Psychiatric Rating Scale (BPRS) and looks forward to sharing these results in future reports.

In addition, Lifeskills utilizes a comprehensive battery of assessment tools to measure behavioral and functional changes, supported by multi-year longitudinal studies that track client progress over time. Learn more at LifeskillsBH.com/outcomes.

3-YEAR SYMPTOM REDUCTION | OUTPATIENT (BASIS-24)

ODYSSEY CLIENTS NATIONAL AVERAGE



3-YEAR OVERALL OUTPATIENT RESULTS

From 2023 through 2025, Odyssey mental health outpatient services reduced overall symptom severity among clients served by

↓ 37%

VS 32% NATIONAL AVERAGE

BASIS-24

2025 SYMPTOM REDUCTION | RESIDENTIAL (BASIS-24)

The BASIS-24 is a validated self-report instrument used to measure the outcomes of mental health and substance use treatment from the client's perspective. The results below show a reduction in average symptom severity.

Overall symptom reduction by ↓50% VS 45% NATIONAL AVERAGE

2025 CLINICAL RESULTS | RESIDENTIAL

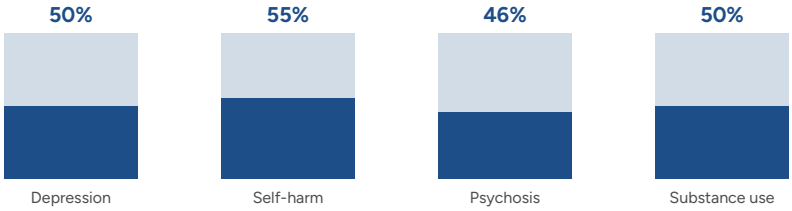
Odyssey's 2025 data provide unique insight into how its clinical programs influence behavior and symptom change.

CLEARVIEW TREATMENT PROGRAMS (BASIS-24)

Overall Symptom Reduction

↓ 47%

VS 45% NATIONAL AVERAGE

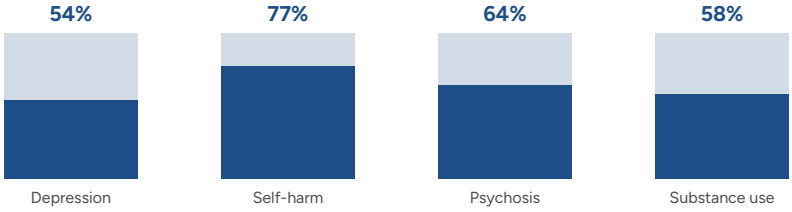


LIFESKILLS BEHAVIORAL HEALTH (BASIS-24)

Overall Symptom Reduction

↓ 49%

VS 45% NATIONAL AVERAGE

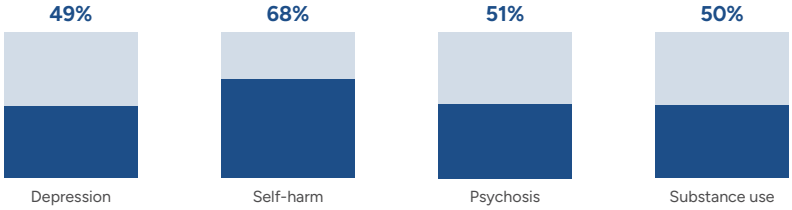


PASADENA VILLA PSYCHIATRIC TREATMENT NETWORK (BASIS-24)

Overall Symptom Reduction

↓ 46%

VS 45% NATIONAL AVERAGE

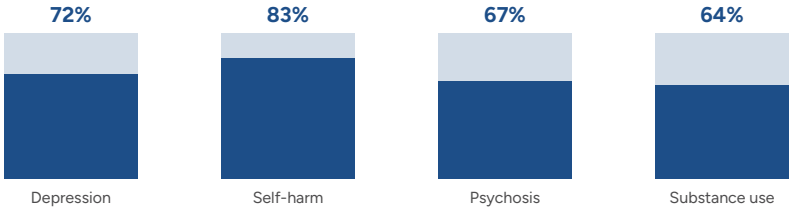


STR BEHAVIORAL HEALTH (BASIS-24)

Overall Symptom Reduction

↓ 68%

VS 45% NATIONAL AVERAGE



OVERWATCH
VETERANS + FIRST RESPONDERS

MEASURING POST-TRAUMATIC GROWTH IN VETERANS + FIRST RESPONDERS

In 2025, STR Behavioral Health launched Overwatch, a specialized mental health program for first responders and veterans that combines culturally competent care with a post-traumatic growth framework to support long-term recovery. The program also integrated the Post-Traumatic Growth Inventory (PTGI), a validated assessment that measures self-reported growth, not symptom reduction, across five domains following trauma.

SELF-HARM REDUCTION

Among 31 participants with complete data, average scores rose from 77 at admission to 185 at discharge across core domains — an improvement of

↑ 140%*

GROWTH ACROSS ALL 5 DOMAINS

What makes these veterans' mental health outcomes particularly meaningful is that improvement occurred across all five measured domains, indicating comprehensive — rather than isolated — change.

↑ 53%

Relating to Others

Participants reported stronger relationships, deeper connections, and a greater capacity for vulnerability and trust with family, peers, and community.

↑ 55%

New Possibilities

Veterans and first responders developed a more expansive future orientation, recognizing opportunities for growth, career changes, and life paths beyond their service identity.

↑ 50%

Personal Strength

Participants reported increased resilience, capability, and confidence in handling life's challenges without substances or avoidance.

↑ 30%

Spiritual Change

Many participants found deeper meaning, purpose, and spiritual connection that helped them make sense of difficult experiences.

↑ 47%

Appreciation of Life

Veterans and first responders developed greater gratitude, presence, and the ability to find meaning in everyday experiences.

*Overwatch launched in 2025 and reflects an early cohort of 31 participants with complete data. As the program scales, outcomes will be updated to reflect a larger and more representative sample.

METHODOLOGY + ASSESSMENT TOOLS

BASIS-24 ASSESSMENT

Our facilities utilize the BASIS-24, a leading behavioral assessment tool designed to measure a broad range of symptoms and challenges across the diagnostic spectrum. The instrument includes 24 questions rated on a 5-point Likert scale and scored using a weighted average algorithm to generate both an overall score and 6 subscale scores. These subscales assess key domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse. The questionnaire is administered at admission, mid-treatment (or every 30 days), and again at discharge to evaluate progress and treatment effectiveness over time.

eBASIS

BPRS

SAMPLE SIZES + COMPLETION RATES

Program Type	BASIS-24 Number of Intake Surveys Completed	BASIS-24 Number of Discharge Surveys Completed
Mental Health + Substance Use	1,813	1,059

Additionally, Lifeskills Behavioral Health includes several assessments — the Difficulties in Emotional Regulation Scale (DERS), Brief Psychiatric Rating Scale (BPRS), Drug Attitude Inventory (DAI), and the Short Post-Traumatic Stress Disorder Rating Interview (SPRINT) — to better understand impact and guide program development.

Odyssey™
BEHAVIORAL HEALTHCARE

TRANSFORMATIVE PROGRAMS, MEASURABLE IMPACT

As part of Odyssey Behavioral Healthcare, our facilities deliver individualized care for mental health and substance use disorders. Across the network, the programs address co-occurring conditions and serve adults of all genders, with the specific populations and conditions treated detailed in each facility's program information.

INSURANCE + PAYMENT

Odyssey's facilities partner with most major insurance providers to offer coverage for mental health and substance use treatment. Several programs also accept private pay and out-of-network benefits. Each client works directly with the admissions team to build a financial plan that fits both their clinical needs and financial circumstances.

720 Cool Springs Blvd, Suite 550, Franklin, TN 37067 | OdysseyBehavioralHealth.com