



Odyssey™

BEHAVIORAL HEALTHCARE

MENTAL HEALTH + ADDICTION

CLINICAL OUTCOMES 2024

THE STATE OF THE UNION: MENTAL HEALTH + ADDICTIONS IN THE US

The latest research shows that society's increasing dependence on screens, coupled with the ongoing pressure of social media and other social stressors, has contributed to declining mental health and well-being and rising rates of suicide in the US. Among the 61.5 million American adults with a mental health condition in the past year, 21.2 million also had a substance use disorder. This is even more dangerous because our country faces an illicit drug supply that is more toxic and unpredictable than ever.

SOURCE: 2024 National Survey on Drug Use and Health

61.5
MILLION

61.5 million Americans were affected by a mental health condition, with 14.6 million experiencing a serious mental health disorder.

14.3
MILLION

14.3 million US adults had serious thoughts of suicide.

50
MILLION

Nearly 50 million Americans met the diagnostic criteria for a substance use disorder.

ONLY
1 IN 5

Only 1 in 5 who needed addiction treatment received it.

OUR LEVELS OF CARE

Odyssey Behavioral Healthcare is uniquely equipped to bridge the treatment gap between acute hospitalization and traditional outpatient therapy through our personalized, evidence-based treatment programs for adults.

COMMITTED TO BRIDGING THE TREATMENT GAP

Odyssey's comprehensive continuum of subacute services supports individuals experiencing mental health conditions, addiction, and co-occurring diagnoses in achieving lasting recovery. Each Odyssey program is recognized for delivering inclusive, high-quality, and specialized clinical care.

- Medical Detoxification
- Residential Treatment
- Partial Hospitalization Program
- Supportive Housing + Transitional Living
- Intensive Outpatient Program



WE MEASURE IMPACT TO DRIVE MEANINGFUL RESULTS

Odyssey is committed to using data to inform and enhance clinical excellence. Through empirical outcome measures and ongoing results tracking, we continuously evaluate and refine our programs to ensure the greatest possible impact. Each client's treatment plan is individualized to their diagnosis and needs, and our research-based insights guide evidence-informed adjustments that strengthen care delivery and support sustained recovery.



"Our structured, data-informed approach delivers precise, consistent, and measurable results at every stage of recovery. This commitment to continuous improvement allows us to enhance our services, optimize each individual's recovery journey, and uphold exceptional clinical outcomes."

Richard Clark | CEO, Odyssey Behavioral Healthcare

LONG-TERM MEASURED IMPACT

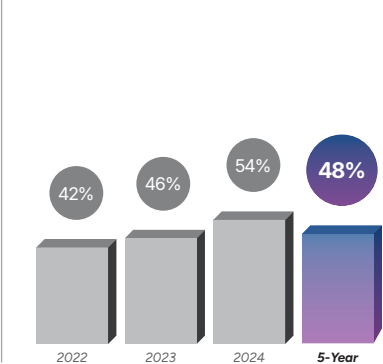
Measuring clinical outcomes longitudinally provides a comprehensive view of progress over time, revealing trends and long-term treatment effectiveness that a single year of data cannot capture. This extended perspective offers valuable insights into how clients respond to care, enabling data-informed adjustments to treatment plans, enhancing the overall client experience, and ultimately supporting sustained recovery and improved outcomes.

MENTAL HEALTH + ADDICTION (BASIS-24)

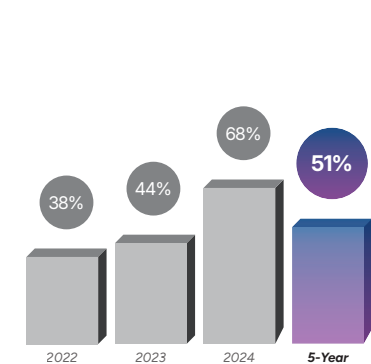
Our programs provide comprehensive mental health and addiction treatment for adults.

RESIDENTIAL SERVICES

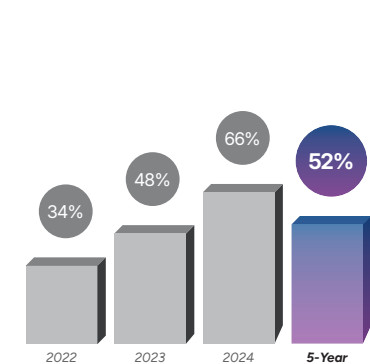
DEPRESSION REDUCTION



PSYCHOSIS REDUCTION



SUBSTANCE ABUSE REDUCTION



Significant and sustained symptom reduction reflects the consistent use of well-matched, evidence-based clinical interventions. When functional improvement scores increase steadily over time, it indicates that care is effectively sequenced and aligned with each client's developmental and motivational stage. A clear connection between assessment data and individualized treatment planning further guides and informs every step of the clinical journey.

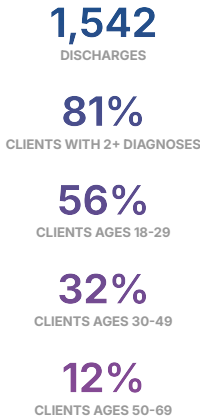
MENTAL HEALTH + SUBSTANCE USE DISORDERS OVERVIEW

2024 Client Demographics + Diagnoses

Every client and family are essential partners in the recovery process, collaborating closely with Odyssey’s treatment teams to develop tailored, responsive care plans. Our program staff lead with respect and compassion, creating a path to healing that leverages each individual’s strengths, resources, and capabilities to achieve the best possible outcomes.

RESIDENTIAL MENTAL HEALTH SERVICES

Clearview Treatment Programs | Lifeskills Behavioral Health | Pasadena Villa Psychiatric Treatment Network

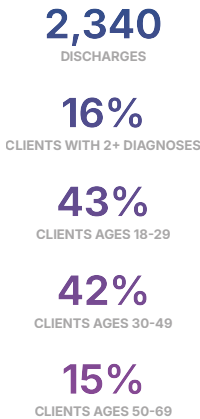


CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depressive disorders	42%	10%
Bipolar disorders	22%	2%
Schizophrenia + psychotic disorders	15%	2%
Anxiety disorders	7%	43%
Substance use disorders	6%	21%

Note: Additional primary diagnoses represented at 5% or lower include trauma-related disorders, personality disorders, and autism spectrum disorder.

OUTPATIENT MENTAL HEALTH SERVICES

Clearview Outpatient Services | Pasadena Villa Outpatient Services

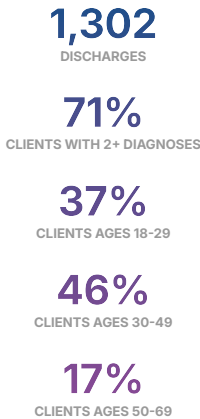


CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Depressive disorders	58%	20%
Bipolar disorders	15%	5%
Anxiety disorders	14%	53%
Trauma related disorders	5%	10%
Other	4%	6%

Note: Additional primary diagnoses represented at 5% or lower include schizophrenia and psychotic disorders, trauma-related disorders, personality disorders, and autism spectrum disorder.

RESIDENTIAL ADDICTION SERVICES

STR Behavioral Health



CLIENT DISORDER BREAKDOWN	PRIMARY DIAGNOSIS	SECONDARY DIAGNOSIS
Substance use disorders	77%	46%
Depressive disorders	7%	11%
Bipolar disorders	4%	4%
Anxiety disorders	2%	21%
Trauma related disorders	2%	7%

Note: Additional primary diagnoses represented at 2% or lower include schizophrenia and psychotic disorders, personality disorders, and autism spectrum disorder.

MENTAL HEALTH CLINICAL OUTCOMES

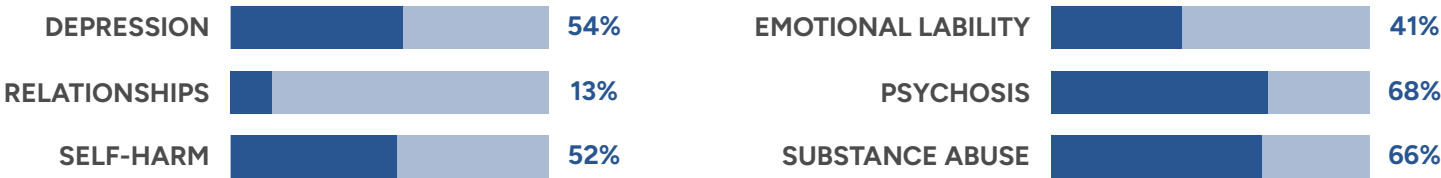
Odyssey measures treatment outcomes for mental health and substance use disorders using the BASIS-24 across its programs, including Clearview Treatment Programs, Lifeskills Behavioral Health, Pasadena Villa Psychiatric Treatment Network, and STR Behavioral Health. To further expand the evaluation of program impact, Odyssey has incorporated the Brief Psychiatric Rating Scale (BPRS) and looks forward to sharing these results in future reports.

In addition, Lifeskills utilizes a comprehensive battery of assessment tools to measure behavioral and functional changes, supported by multi-year longitudinal studies that track client progress over time. Learn more at LifeskillsBH.com/outcomes.



2024 SYMPTOM REDUCTION | RESIDENTIAL SERVICES (BASIS-24)

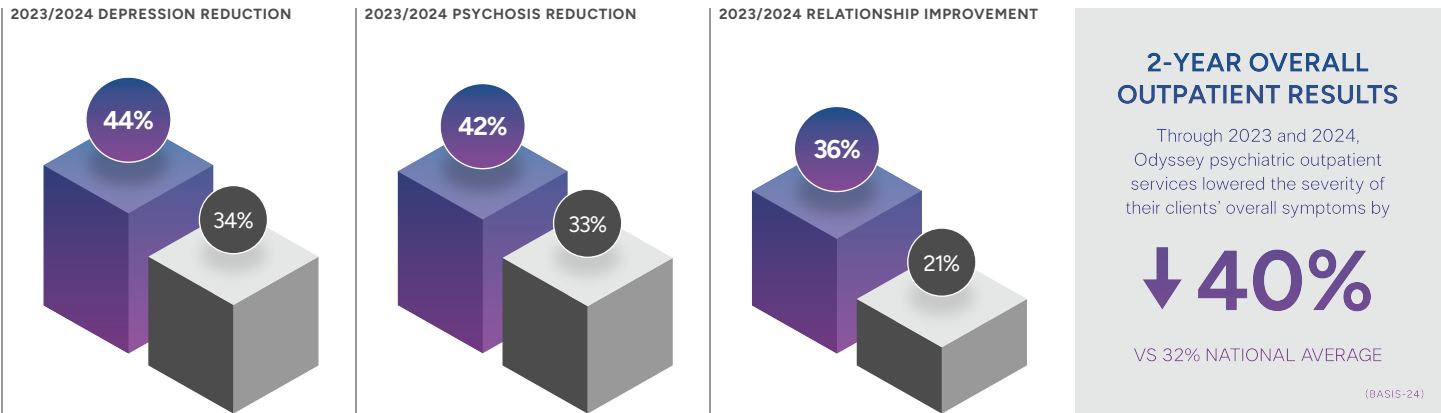
A tool designed to assess the outcome of mental health or substance abuse treatment from the client’s perspective. The results below show a reduction in average symptom severity.



2024 SYMPTOM REDUCTION | OUTPATIENT SERVICES (BASIS-24)

Measuring clinical outcomes longitudinally tracks progress over time, reveals trends, and identifies long-term treatment effectiveness that a one-year snapshot cannot capture. This extended view provides valuable insights into how clients respond to care, enabling adjustments to treatment plans and enhancing the overall client experience — ultimately promoting sustained recovery and improved outcomes.

ODYSSEY CLIENTS NATIONAL AVERAGE

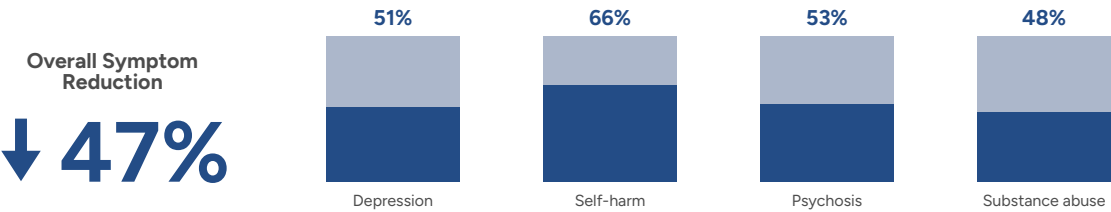


2024 CLINICAL RESULTS BY FACILITY

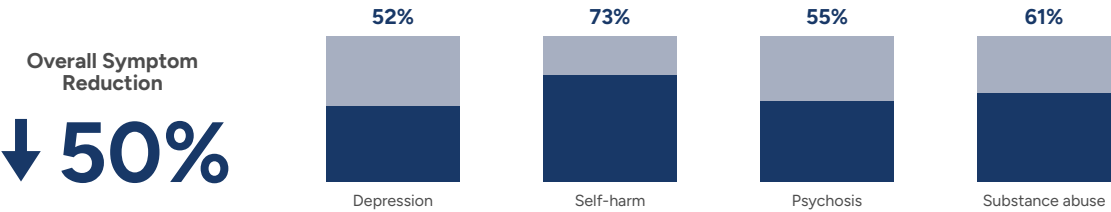
Our 2024 data provides unique insights to better understand the impact our clinical programs have on impacting behavior and symptom change.



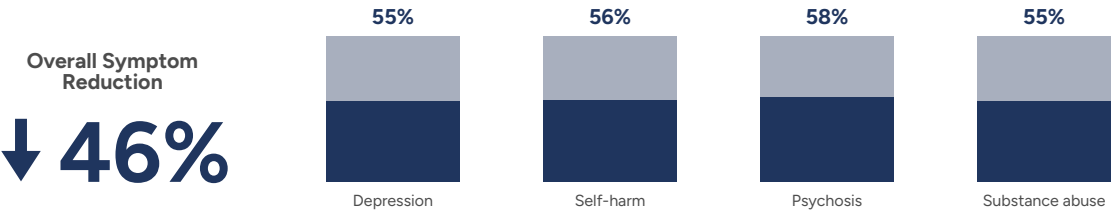
CLEARVIEW TREATMENT PROGRAMS (BASIS-24)



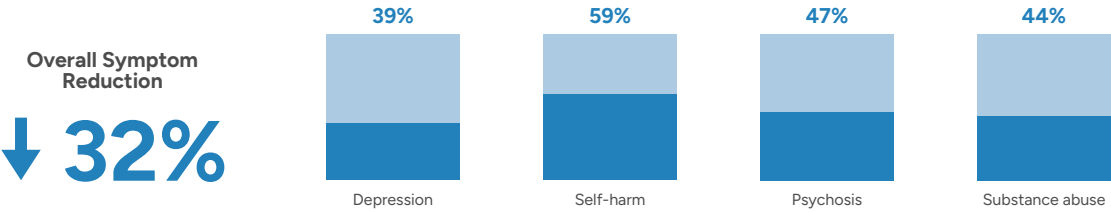
PASADENA VILLA (BASIS-24)



STR BEHAVIORAL HEALTH (BASIS-24)



LIFESKILLS BEHAVIORAL HEALTH (BASIS-24)



*In addition to BASIS-24, Lifeskills leverages a battery of inventories to measure changes in behavior and functionality. Learn more by visiting LifeskillsBH.com/outcomes.

METHODOLOGY + ASSESSMENT TOOLS

BASIS-24 Assessment

Our facilities utilize the BASIS-24, a leading behavioral assessment tool designed to measure a broad range of symptoms and challenges across the diagnostic spectrum. The instrument includes 24 questions rated on a five-point Likert scale and scored using a weighted average algorithm to generate both an overall score and six subscale scores. These subscales assess key domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse. The questionnaire is administered at admission, mid-treatment (or every 30 days), and again at discharge to evaluate progress and treatment effectiveness over time.

SAMPLE SIZES + COMPLETION RATES

Program Type	BASIS-24 Number of Intake Surveys Completed	BASIS-24 Number of Discharge Surveys Completed
Mental Health + Addiction	4,345	2,704

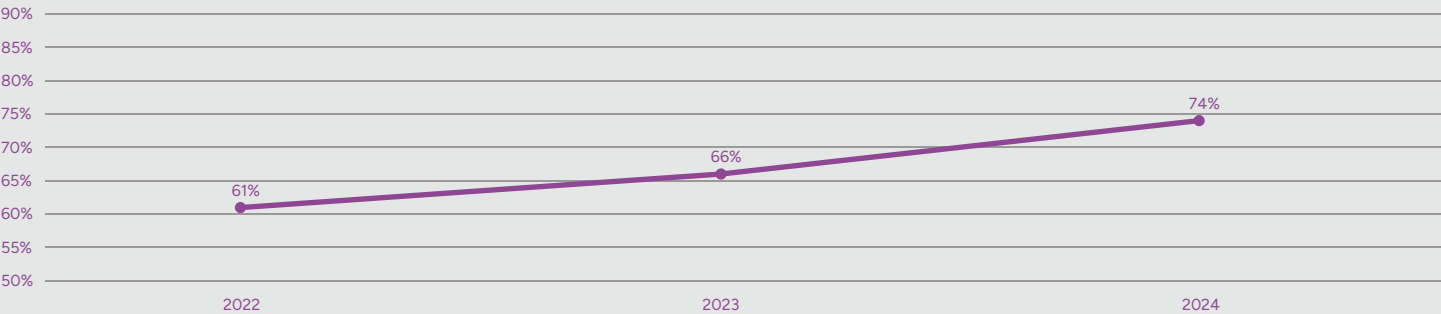
Additionally, Lifeskills Behavioral Health includes several additional assessments, including the Difficulties in Emotional Regulation Scale (DERS), Brief Psychiatric Rating Scale (BPRS), Drug Attitude Inventory (DAI), and the Short Post-Traumatic Stress Disorder Rating Interview (SPRINT) to better understand impact and guide program development.



3-YEAR SELF-REPORTED CHANGE SHORT POST-TRAUMATIC STRESS DISORDER RATING INTERVIEW (SPRINT)

PTSD Symptom Reduction

A brief, structured interview developed by Connor and Davidson to assess the core symptoms of post-traumatic stress disorder (PTSD).



TRANSFORMATIVE PROGRAMS, MEASURABLE IMPACT

As part of Odyssey Behavioral Healthcare, each treatment facility delivers individualized, evidence-based care for adults experiencing psychiatric, substance use, and co-occurring mental health disorders. Together, our programs drive meaningful, measurable improvements in functioning and quality of life — reflecting Odyssey's ongoing commitment to clinical excellence and lasting recovery outcomes.

INSURANCE

Our facilities partner with most major insurance providers to offer coverage for mental health and substance use disorder treatment. Several programs also accommodate private pay and out-of-network benefits. We collaborate with each client to develop a financial plan that aligns with both their clinical needs and financial circumstances.