



# Odyssey™

BEHAVIORAL HEALTHCARE



**Clinical Outcomes Report and Key Findings**  
*2021 Edition*





"Odyssey Behavioral Healthcare's residential treatment programs consist of the Psychiatric Network and the Eating Disorder Network. Each network has separate facilities with over 200 years of combined experience caring for clients struggling with mental health disorders, eating disorders, substance use disorders, and dual diagnoses, and are recognized for their clinical excellence and industry-leading performance."

Although we continued to face a global pandemic in 2022, I'm proud of our teams who helped thousands of clients progress on their recovery journeys, while also supporting their families. We look forward to including our newest facilities, Silver Pines, Aster Springs, and the Shoreline Center for Eating Disorder Treatment, in future outcomes reports."

Richard Clark  
CEO, Odyssey Behavioral Healthcare





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## ABOUT ODYSSEY

Odyssey Behavioral Healthcare believes that each person deserves the opportunity to embark on a new journey to reach their optimal level of health. Odyssey's network of behavioral healthcare services provided at our nine residential facilities offers support to individuals throughout their journeys by combining compassionate, evidence-based treatment with concierge-quality amenities.

Currently, the Psychiatric Network operates four locations that offer residential and continuum services for complex psychiatric, dual diagnosis, substance use, and process addictions. Additionally, our five Eating Disorder Network facilities are dedicated to serving adults and adolescents of all genders and specialize in the full array of eating disorders diagnoses and co-occurring conditions within a robust continuum of services.

Our licensed facilities are either CARF or Joint Commission Accredited. We also actively pursue additional certifications as available to demonstrate evidence of our commitment to accountable, ethical, safe, and clinically advanced care.

### OUR VISION

We aim to change lives by empowering a person's inherent strengths while partnering with our clients, their families, and clinical providers to optimize their medical, physical, emotional, social, and spiritual well-being and independence.

### OUR TREATMENT PHILOSOPHY

Odyssey provides unique, superior, evidence-based mental health treatment not traditionally available within the care continuum, especially for individuals with complex psychiatric conditions. We offer long-term, sustainable solutions to help our clients achieve optimal levels of health and independence.

## CONDITIONS WE TREAT

Odyssey's treatment networks provide support to individuals throughout their journeys by combining compassionate, evidence-based treatment with concierge-quality amenities.



Mental Health Disorders



Substance Use Disorders



Eating Disorders



Autism Spectrum Disorder (ASD)



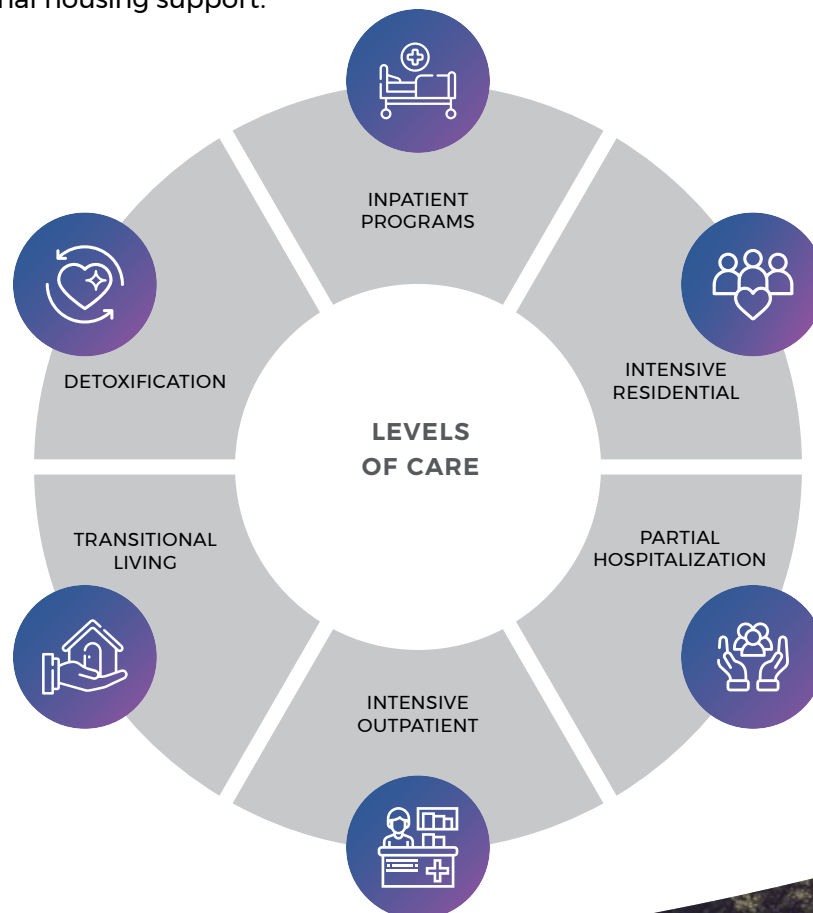
Dual Diagnoses



Process Addictions

## LEVELS OF CARE

We offer a full continuum of services from inpatient and intensive residential levels of care to partial hospitalization and intensive outpatient programs along with detoxification and transitional housing support.



## THE PSYCHIATRIC NETWORK

The Psychiatric Network offers a continuum of services for complex psychiatric disorders, dual diagnoses, substance abuse, and process addictions for adults of all genders.



Founded in 2000, Clearview provides mental health and addiction treatment for adults at residential and outpatient levels of care.



Venice, CA



All Genders, Ages 18+



[clearviewtreatment.com](http://clearviewtreatment.com)



Established in 1991, Lifeskills offers customized intensive residential and outpatient programs for adults suffering from mental health and substance use disorders.



Deerfield Beach, FL



All Genders, Ages 18+



[lifeskillssouthflorida.com](http://lifeskillssouthflorida.com)



With over 25 years of clinical expertise, Pasadena Villa provides a full continuum of evidence-based residential and outpatient programs for adults with complex psychiatric and autism spectrum disorder.



Orlando, FL &  
Sevierville, TN



All Genders, Ages 18+



[pasadenavilla.com](http://pasadenavilla.com)



Founded in 2017, Silver Pines provides detoxification and residential levels of care for adults suffering from addiction and mental health disorders.



Mahanoy City, PA



All Genders, Ages 18+



[silverpinestreatmentcenter.com](http://silverpinestreatmentcenter.com)







## THE EATING DISORDER NETWORK

The Eating Disorder Network specializes in a full array of eating disorder diagnoses and co-occurring conditions with a robust continuum of services for adults and adolescents of all genders.



Established in 2022, Aster Springs addresses an underserved market with world-class clinical care for adult women struggling with eating disorders.



Richmond, VA



Women, Ages 18+



[astersprings.com](https://astersprings.com)



With over 15 years of clinical expertise, Magnolia Creek treats adult and adolescent women who struggle with eating disorders and co-occurring mental health conditions, including substance use disorders.



Columbiana, AL



Women, Ages 12+



[magnoliacreek.com](https://magnoliacreek.com)



Established in 2006, Selah House provides a full continuum of Christ-centered, clinically excellent care for adult and adolescent women struggling with anorexia, bulimia, and related eating disorders.



Anderson, IN



Women, Ages 12+



[selahhouse.com](https://selahhouse.com)



Founded in 1995, Shoreline offers residential and outpatient levels of care for adults and adolescents, of all genders, suffering from eating disorders.



Long Beach, CA



All Genders, Ages 13+



[shorelineeatingdisorders.com](https://shorelineeatingdisorders.com)



With over 25 years of expertise, Toledo Center provides specialized treatment for adolescents of all genders with eating disorders and co-occurring mental health conditions, and employs staff with extensive experience treating the LGBTQ+ community.



Sylvania, OH



All Genders, Ages 12-18



[toledocenter.com](https://toledocenter.com)

## DEDICATED, EXPERIENCED STAFF

At our residential facilities, dedicated treatment teams ensure each client's experience is second to none. Our staff are highly trained and credentialed in their areas of expertise and include master's level clinicians. Each member of our staff is passionate about providing individualized care that addresses each client's needs and helps our clients prepare for life after treatment.



## BASIS-24 ASSESSMENT

Our networks use BASIS-24 to identify a wide range of symptoms that occur across the diagnostic spectrum. Using a five-point Likert scale, the 24 questions are scored using a weighted average algorithm that gives an overall score and scores for six subscales, which cover the following domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse. The questionnaire was administered at admission, mid-treatment or every 30 days, and again at discharge.



## ODYSSEY RESIDENTIAL OUTCOMES

Recognized as a national clinical leader, Odyssey is built on a family of brands with extensive histories of clinical excellence. When compared to over 74,730 cases across comparable facilities nationwide, Odyssey's family of residential treatment facilities consistently outpaced the industry.



### OVERALL REDUCTION IN SYMPTOM SEVERITY

*Across Odyssey's Residential facilities, clients experienced a 41% average overall reduction in symptoms*

↓ **41%**

### SELF-HARM

*Clients at our Residential facilities experienced a 58% average reduction in self-harm*

↓ **58%**

### SUBSTANCE ABUSE

*Clients at our Residential facilities experienced a 47% average reduction in substance abuse*

↓ **47%**

### DEPRESSION

*Clients at our Residential facilities experienced a 46% average reduction in depression*

↓ **46%**

### PSYCHOSIS

*Clients at our Residential facilities experienced a 43% average reduction in psychosis*

↓ **43%**

### EMOTIONAL LABILITY

*Clients at our Residential facilities experienced a 39% average reduction in emotional lability*

↓ **39%**



## ODYSSEY PSYCHIATRIC NETWORK OUTCOMES

Odyssey's Psychiatric Network Outcomes, measured using BASIS-24, currently includes Clearview Treatment Programs, Lifeskills South Florida, and Pasadena Villa. We are looking forward to Silver Pines becoming part of our future outcomes reports. Additionally, Lifeskills not only uses BASIS-24 but also leverages a battery of other inventories to measure changes in behavior and functionality along with a 3-year longitudinal study to evaluate client progress over time. Learn more by visiting [lifeskillssouthflorida.com/outcomes](https://lifeskillssouthflorida.com/outcomes).



### OVERALL REDUCTION IN SYMPTOM SEVERITY

*Across Odyssey's Psychiatric Network facilities, clients experienced a 36% average overall reduction in symptoms*

↓ **36%**

### SUBSTANCE ABUSE

*Clients at our Psychiatric Network facilities experienced a 59% average reduction in substance abuse*

↓ **59%**

### SELF-HARM

*Clients at our Psychiatric Network facilities experienced a 48% average reduction in self-harm*

↓ **48%**

### DEPRESSION

*Clients at our Psychiatric Network facilities experienced a 44% average reduction in depression*

↓ **44%**

### PSYCHOSIS

*Clients at our Psychiatric Network facilities experienced a 37% average reduction in psychosis*

↓ **37%**

### EMOTIONAL LABILITY

*Clients at our Psychiatric Network facilities experienced a 34% average reduction in emotional lability*

↓ **34%**



## ODYSSEY EATING DISORDER NETWORK OUTCOMES

Odyssey's Eating Disorder Network Outcomes, measured using BASIS-24, currently includes Magnolia Creek, Selah House, and Toledo Center. We are looking forward to Aster Springs and Shoreline becoming part of our future outcomes reports.



### OVERALL REDUCTION IN SYMPTOM SEVERITY

*Across Odyssey's Eating Disorder Network facilities, clients experienced a 33% average overall reduction in symptoms*

↓ 33%

### SELF-HARM

*Clients at our Eating Disorder Network facilities experienced a 71% average reduction in self-harm*

↓ 71%

### SUBSTANCE ABUSE

*Clients at our Eating Disorder Network facilities experienced a 70% average reduction in substance abuse*

↓ 70%

### RELATIONSHIPS

*Clients at our Eating Disorder Network facilities experienced a 44% average improvement in relationships*

↑ 44%

### DEPRESSION

*Clients at our Eating Disorder Network facilities experienced a 35% average reduction in depression*

↓ 35%

### EMOTIONAL LABILITY

*Clients at our Eating Disorder Network facilities experienced a 31% average reduction in emotional lability*

↓ 31%



Odyssey Behavioral Healthcare, formed in 2015, has behavioral health facilities across the treatment spectrum under our Psychiatric, Eating Disorder, and Outpatient Networks with locations in a growing number of states nationwide.

We provide inpatient, detoxification, intensive residential, partial hospitalization, intensive outpatient, and transitional living services for adults and adolescents with a psychiatric, dual diagnosis, autism spectrum, eating, or addictive disorder.



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