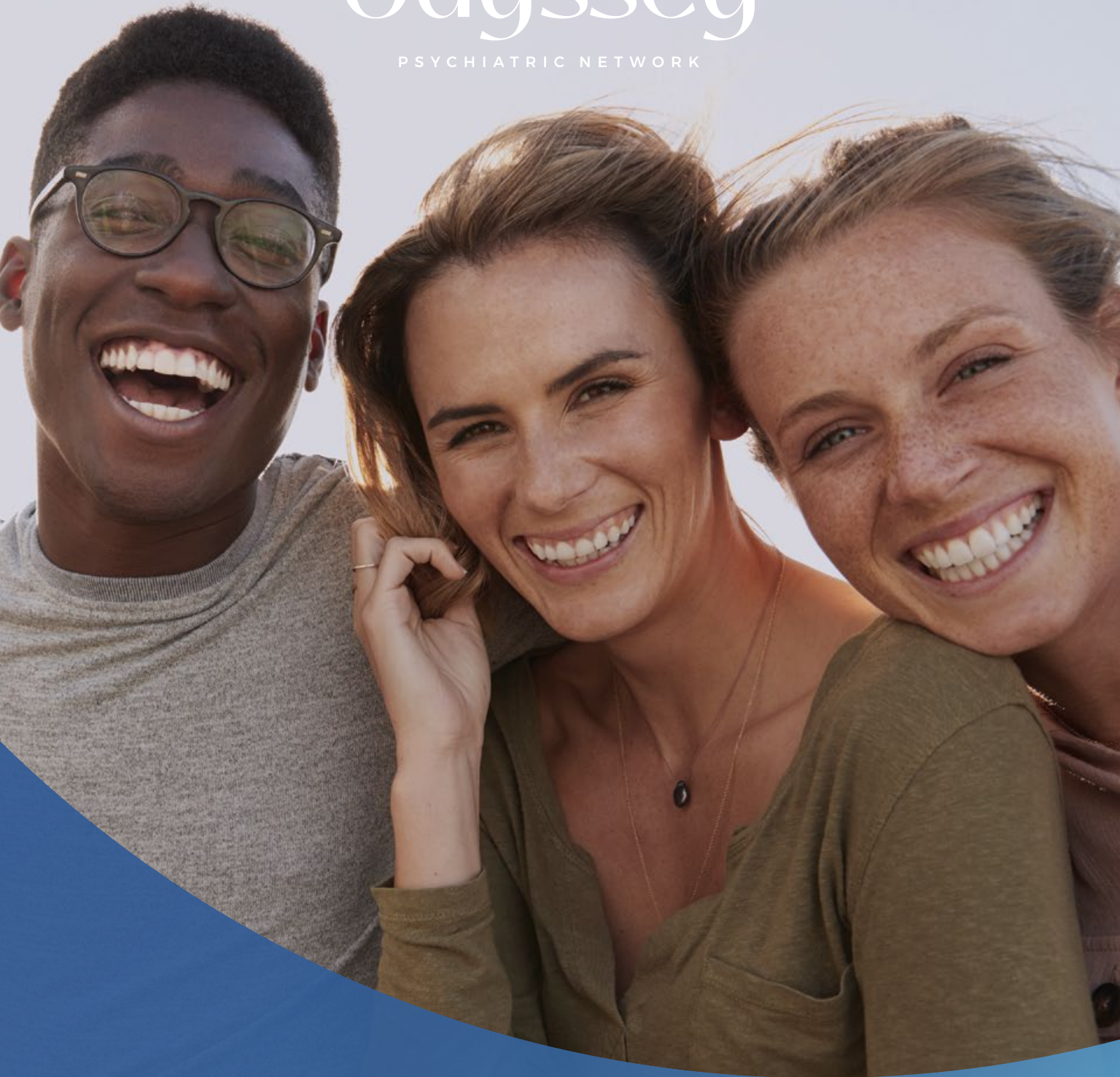




Odyssey™

PSYCHIATRIC NETWORK



Psychiatric Network
Clinical Outcomes Report and Key Findings
2020 Edition



“The Odyssey Psychiatric Network consists of four facilities with over 80 years of experience caring for clients struggling with complex psychiatric, mental health, co-occurring, and addiction disorders, and are recognized for their clinical excellence and industry-leading performance.



2020 was a challenging year. This network supported our clients, as well as their families and clinical partners, while outperforming national benchmarks. I'm proud of the outcomes we continue to achieve, ensuring sustained, lasting recovery for our clients. We look

forward to including Clearview Treatment Programs and Silver Pines Treatment Center, the newest Odyssey Psychiatric facilities, in future Outcomes Annual Reports."

Richard Clark

CEO, Odyssey Behavioral Healthcare

ABOUT ODYSSEY

Odyssey Behavioral Healthcare believes that each person deserves the opportunity to embark on a new journey to reach their optimal level of health. Odyssey's network of behavioral healthcare services provides support to individuals throughout their journeys by combining compassionate, evidence-based treatment with concierge-quality amenities.

Currently, we offer a continuum of services for complex psychiatric, dual diagnosis, substance use, and process addictions within our Psychiatric Network. Additionally, our Eating Disorder Network is dedicated to serving adults and adolescents of all genders and specializes in the full array of eating disorders diagnosis and co-occurring conditions within a robust continuum of services.

Most of our private facilities are in network and also accept out-of-network benefits and private pay. We remain diligent in pursuing additional in-network contracts to expand access to our superior services that deliver leading treatment outcomes.

Our licensed facilities are either CARF or Joint Commission Accredited. We also actively pursue additional certifications as available to demonstrate our commitment to accountable, ethical, safe, and clinically advanced care.



OUR VISION

We aim to change lives by empowering a person's inherent strengths while partnering with our clients, their families, and clinical providers to optimize their medical, physical, emotional, social, and spiritual well-being and independence.



OUR TREATMENT PHILOSOPHY

Odyssey Behavioral Healthcare provides unique, superior, evidence-based mental health treatment not traditionally available within the care continuum especially for individuals with complex psychiatric conditions. We offer long-term, sustainable solutions to help our clients achieve optimal levels of health and independence.



BASIS-24 EVALUATION

Our network uses BASIS-24, a leading behavioral assessment tool, to identify a wide range of symptoms and problems that occur across the diagnostic spectrum. Using a five-point Likert scale, the 24 questions are scored using a weighted average algorithm that gives an overall score and scores for six subscales. These subscales cover the following domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse.

Throughout 2020, 687 clients participated in programming at Lifeskills and Pasadena Villa with 433 clients completing the BASIS-24 assessment. The questionnaire was administered at admission, mid-treatment or every 30 days, and again at discharge.

Odyssey Psychiatric Network Outcomes

One in twenty adults in the US experience a serious mental illness.¹ Leading in clinical outcomes is vital to helping the rising number of individuals experiencing complex psychiatric or dual diagnosis conditions. When compared to over 74,730 cases across comparable facilities nationwide, the Odyssey Psychiatric Network consistently outpaced the industry and helped over 1,000 clients reduce the overall severity of their symptoms.

Both Lifeskills South Florida and Pasadena Villa have extensive histories of nationally recognized clinical excellence and employ licensed clinicians with doctoral or master's level degrees

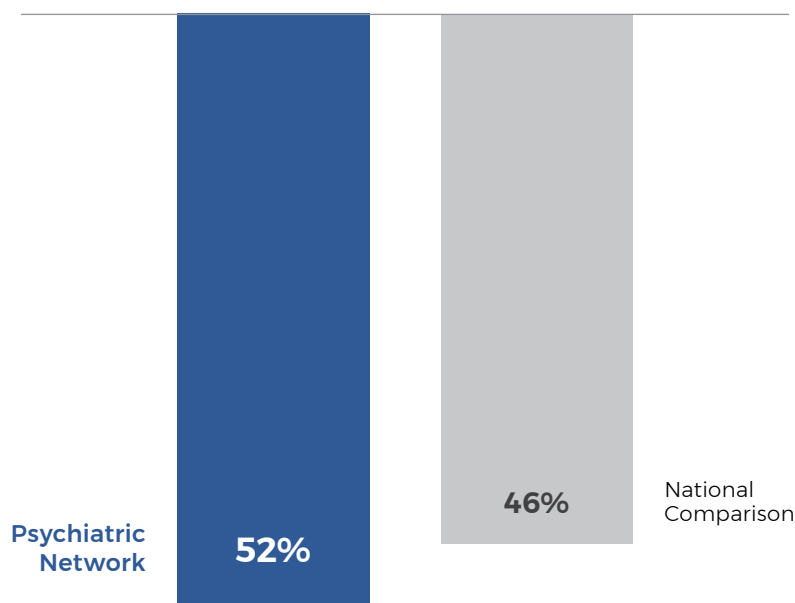
and multiple certifications in their respective specialties. Together in 2020, they helped over 1,000 individuals and their families across all levels of care take the next step in their recovery journeys by utilizing specialized clinical pathways that addressed each client's specific needs.

In 2020, Clearview Treatment Programs joined the Odyssey Psychiatric Network, adding extensive expertise in treating dual diagnosis and borderline personality disorders (BPD) leveraging dialectical behavior therapy (DBT) and other evidence-based treatments. We're excited to add their exceptional outcomes to Odyssey's future clinical outcomes reports.



OVERALL REDUCTION IN SYMPTOM SEVERITY

Clients outpaced the national average in overall improvement and symptom reduction.



¹ <https://www.nami.org/mhstats>

REDUCTION IN DEPRESSIVE SYMPTOMS

Clients experienced a 52% average reduction in depressive symptoms and an increase in functioning (daily/role functioning and depression or anxiety symptoms).



52% Psychiatric Network
43% National Comparison

REDUCTION IN SELF-HARM

Clients saw a 72% average reduction in thoughts about hurting themselves and/or ending their lives.



72% Psychiatric Network
67% National Comparison

REDUCTION IN EMOTIONAL LABILITY

Clients reported a 65% average reduction in mood swings, racing thoughts, and feeling short tempered at discharge.



65% Psychiatric Network
35% National Comparison

REDUCTION IN PSYCHOSIS

Clients experienced a 67% average reduction of psychosis symptoms (hallucinations, paranoia, detachment, and disorganized thinking).



67% Psychiatric Network
50% National Comparison

REDUCTION IN SUBSTANCE ABUSE

Clients experienced a 55% average reduction in urges to drink, abuse substances, and problems with drugs or alcohol.



55% Psychiatric Network
38% National Comparison

As a part of Odyssey Behavioral Healthcare,
the Odyssey Psychiatric Network is committed to
providing the highest quality individualized psychiatric and
psychotherapeutic care for adults who suffer from
severe and persistent mental illness while maximizing
social functioning in the real world.



Odyssey Behavioral Healthcare

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